



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

Celebrates

World Physiotherapy Day 2021

8th September 2021

Patient Care

- * Physical fitness testing & training
- * Ergonomics assessment & training.
- * Awareness campaign for Long COVID
- * Virtual Health Education talk
- * Launch of Patient Support Groups :
 - ◇ Down's Syndrome
 - ◇ Post COVID
 - ◇ Amputation
 - ◇ Arthritis
- * Launch of
 - ◇ Cardiac Rehabilitation OPD
 - ◇ Vertigo Physiotherapy Clinic
 - ◇ Physiotherapy for Peripheral Vascular Disease



World PT Day 2021



shortness of
breath/
chest pain



extreme fatigue/
post-exertional
symptom exacerbation



problems with
memory and
concentration

**Long COVID is different
for everyone.
A physiotherapist can
help you manage your
Long COVID symptoms**



Facilities for MGMIHS Family

for students, faculty members & staff
members

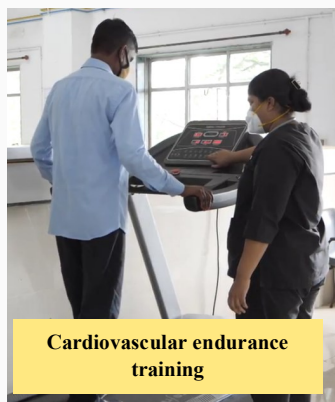
1st - 8th September 2021

- * Post COVID assessment & training
- * Physical fitness testing & training
- * Ergonomics assessment & training.

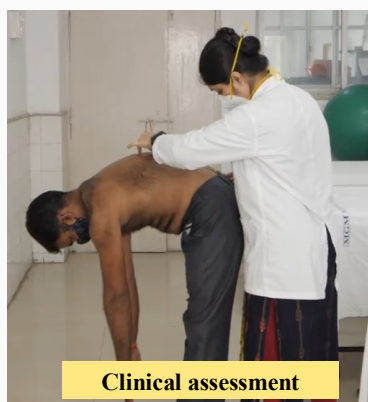
*** Alumni Web talks : A series**



Strength training



Cardiovascular endurance
training



Clinical assessment



Patient management



Student clinical training

Reach us at :

**Physiotherapy OPD,
Second floor, MGM Hospital,
Kamothe, Navi Mumbai.**