Sports MPT1 Timetable -May2021

Date: 27/04/21

Date	Day	Time	Subject	Topic	Name of Faculty	E- Platform / Mode of delivery
		9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm	Musculoskeletal	Clinical postings		Google classroom
03/05/21	Monday	12:30 pm - 1:00 pm	Anatomy and Soft	LUNCH	Dr Triveni Shetty	& case based video
03/03/21	Wioliday	1:00 pm - 2:00 pm	Tissue Mechanics	force and torque, muscle	(PT)	discussion
		2:00 pm - 3:30 pm	MPT050	length tension relationships,		discussion
		3:30 pm - 4:00 pm		Physical Activity		
		9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm	Musculoskeletal	Clinical postings		Google classroom
04/05/21	Tuesday	12:30 pm - 1:00 pm	Anatomy and Soft	LUNCH	Dr Ruturaj Shete	& case based video
	j	1:00 pm - 2:00 pm 2:00 pm - 3:30 pm	Tissue Mechanics MPT051	Muscle Fiber Arrangement	(PT)	discussion
		3:30 pm - 4:00 pm		Physical Activity		
		9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm	Musculoskeletal	Clinical postings	D. D. 4 . : 01 . 4	Google classroom
05/05/21	Wednesday	12:30 pm - 1:00 pm	Anatomy and Soft Tissue Mechanics MPT064	LUNCH	Dr Ruturaj Shete (PT)	& case based video discussion
		1:00 pm - 2:00 pm		Changes to musculoskeletal		
		2:00 pm - 3:30 pm	WII 1004	system occurring with		
		3:30 pm - 4:00 pm		Physical Activity		
		9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm	Exercise and Sports	Clinical postings	Dr Anisha Gulati	Google classroom
06/05/21	Thursday	12:30 pm - 1:00 pm 1:00 pm - 2:00 pm	Physiology MPT066	LUNCH Lactate production	(PT)	& case based video discussion

	l	2:00 pm - 3:30 pm		Laciaic production.		
		3:30 pm - 4:00 pm		Physical Activity		
		9:00 am - 10:00 am				
		10:00 am - 11:00 am		Clinical postings		
		11:00 am - 12:30 pm	Exercise and Sports		Dr Anisha Gulati	Google classroom
07/05/21	Friday	12:30 pm - 1:00 pm	Physiology MPT066	LUNCH	(PT)	& case based video
		1:00 pm - 2:00 pm	I mysiology will root	Chronic fatigue in	(1 1)	discussion
		2:00 pm - 3:30 pm		sportspersons		
		3:30 pm - 4:00 pm		Physical Activity		
		9:00 am - 10:00 am				
		10:00 am - 11:00 am		Clinical postings		
00/05/01	0 . 1	11:00 am - 12:30 pm	_		Dr Ruturaj Shete	Google classroom
08/05/21	Saturday	12:30 pm - 1:00 pm		LUNCH	(PT)	& case based video
		1:00 pm - 2:00 pm		Mantanahin Dua anan		discussion
		2:00 pm - 3:30 pm		Mentorship Program		
		3:30 pm - 4:00 pm				
09/05/21				Sunday		
		9:00 am - 10:00 am				
		10:00 am - 11:00 am		Clinical postings		
	Monday	11:00 am - 12:30 pm	Exercise and Sports Physiology MPT066		Dr Ruturaj Shete (PT)	Google classroom & case based video discussion
10/05/21		12:30 pm - 1:00 pm		LUNCH		
		1:00 pm - 2:00 pm		Factors influencing force		
		2:00 pm - 3:30 pm		generation,		
		3:30 pm - 4:00 pm		Physical Activity		
		9:00 am - 10:00 am		Clinian I mandinan		
		10:00 am - 11:00 am		Clinical postings		Google classroom
11/05/21	Tuesday	11:00 am - 12:30 pm	Exercise and Sports	LUNCH	Dr Ruturaj Shete	& case based video
11/03/21	Tuesday	12:30 pm - 1:00 pm	Physiology MPT066		(PT)	discussion
		1:00 pm - 2:00 pm 2:00 pm - 3:30 pm		Physiological and metabolic		discussion
		3:30 pm - 4:00 pm	-	responses to hypoxia		
		9:00 am - 10:00 am				
		10:00 am - 11:00 am		Clinical postings		

12/05/21	Wednesday	11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Exercise and Sports Physiology MPT066	LUNCH Measuring muscular performance, Muscle size, Physical Activity	Dr Payal Murkudkar (PT)	Google classroom & case based video discussion
13/05/21	Thursday	9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Exercise and Sports Physiology MPT066	Clinical postings LUNCH high-altitude pulmonary oedema (HAPE) Physical Activity	Dr Triveni Shetty (PT)	Google classroom & case based video discussion
14/05/21	Friday	9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Exercise and Sports Physiology MPT066	Clinical postings LUNCH Respiratory response to physical exercise and Physical Activity	Dr Triveni Shetty (PT)	Google classroom & case based video discussion
15/05/21	Saturday	9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Mentorship	Clinical postings LUNCH Mentorship Program	Dr Ruturaj Shete (PT)	Google classroom & case based video discussion
16/05/21				Sunday		
17/05/21	Monday	9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm	Sports Biomechanics and Performance Assessment & Enhancement MPT059	Biomechanics of football and cricket LUNCH Biomechanics of football and cricket	Dr Ruturaj Shete (PT)	Google classroom & case based video discussion

		3:30 pm - 4:00 pm		Physical Activity		
		9:00 am - 10:00 am 10:00 am - 11:00 am	Sports Biomechanics	Biomechanics of football and cricket		
18/05/21	Tuesday	11:00 am - 12:30 pm 12:30 pm - 1:00 pm	and Performance Assessment &	LUNCH Biomechanics of football	Dr Ruturaj Shete (PT)	Google classroom & case based video
		1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Enhancement MPT060	and cricket Physical Activity		discussion
		9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm	Sports Biomechanics and Performance	Biomechanics of football and cricket		Google classroom
19/05/21	Wednesday	12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm	Assessment & Enhancement MPT061	LUNCH Biomechanics of football and cricket	Dr Ruturaj Shete (PT)	& case based video discussion
		3:30 pm - 4:00 pm 9:00 am - 10:00 am		Physical Activity		
20/05/21	Thursday	10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm	Exercise and Sports Physiology MPT066	Clinical postings LUNCH Measuring muscular	Dr Payal Murkudkar (PT)	Google classroom & case based video discussion
		2:00 pm - 3:30 pm 3:30 pm - 4:00 pm		performance, Muscle size, Physical Activity		discussion
		9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm		Clinical postings	Dr Tejashree	Google classroom
21/05/21	Friday	12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Journal club	high-altitude pulmonary oedema (HAPE) Physical Activity	Dabholkar Dabholkar	& case based video discussion
		9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm		Clinical postings	D. T.i	Google classroom
22/05/21	Saturday	12:30 pm - 1:00 pm 1:00 pm - 2:00 pm	Mentorship	LUNCH Biomechanics of football	Dr Triveni Shetty (PT)	& case based video discussion

		2:00 pm - 3:30 pm]	and cricket		i I
		3:30 pm - 4:00 pm		Physical Activity		
23/05/21				Sunday		
24/05/21	Monday	9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Sports Biomechanics and Performance Assessment & Enhancement MPT053	Techniques of measurement (1RM, Multiple RM testing), Sources of LUNCH Considerations for strength testing in anaerobic sports Physical Activity	Dr Ruturaj Shete (PT)	Google classroom & case based video discussion
25/05/21	Tuesday	9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Sports Biomechanics and Performance Assessment & Enhancement MPT054	Static and dynamic muscle muscular endurance testing, Sources of LUNCH Isometric and isotonic muscle testing using dynamometers	Dr Ruturaj Shete (PT)	Google classroom & case based video discussion
26/05/21	Wednesday	9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Sports Biomechanics and Performance Assessment & Enhancement MPT055	Cardiorespiratory fitness norms for athletes from aerobic energy dependent LUNCH Cardiorespiratory fitness norms for athletes from Physical Activity	Dr Payal Murkudkar (PT)	Google classroom & case based video discussion
27/05/21	Thursday	10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Sports Biomechanics and Performance Assessment & Enhancement MPT056	Biomechanical analysis- Centre of gravity, Line of LUNCH Biomechanical analysis- Centre of gravity, Line of Physical Activity	Dr Triveni Shetty (PT)	Google classroom & case based video discussion
		9:00 am - 10:00 am 10:00 am - 11:00 am	Sports Biomechanics	Fluid mechanics, principles		

28/05/21	Friday	11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	and Performance Assessment & Enhancement MPT056	LUNCH Methods of finding Centre of Gravity, Principles of Physical Activity	Dr Triveni Shetty (PT)	Google classroom & case based video discussion
29/05/21	Saturday	9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm 2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	Mentorship	Clinical postings LUNCH Biomechanics of football and cricket Physical Activity	Dr Triveni Shetty (PT)	Google classroom & case based video discussion
30/05/21		•		Sunday		
31/05/21	Monday	9:00 am - 10:00 am 10:00 am - 11:00 am 11:00 am - 12:30 pm 12:30 pm - 1:00 pm 1:00 pm - 2:00 pm	Musculoskeletal Anatomy and Soft Tissue Mechanics	Clinical postings LUNCH	Dr Ruturaj Shete (PT)	Google classroom & case based video discussion
		2:00 pm - 3:30 pm 3:30 pm - 4:00 pm	MPT050	Force and torque Physical Activity		discussion