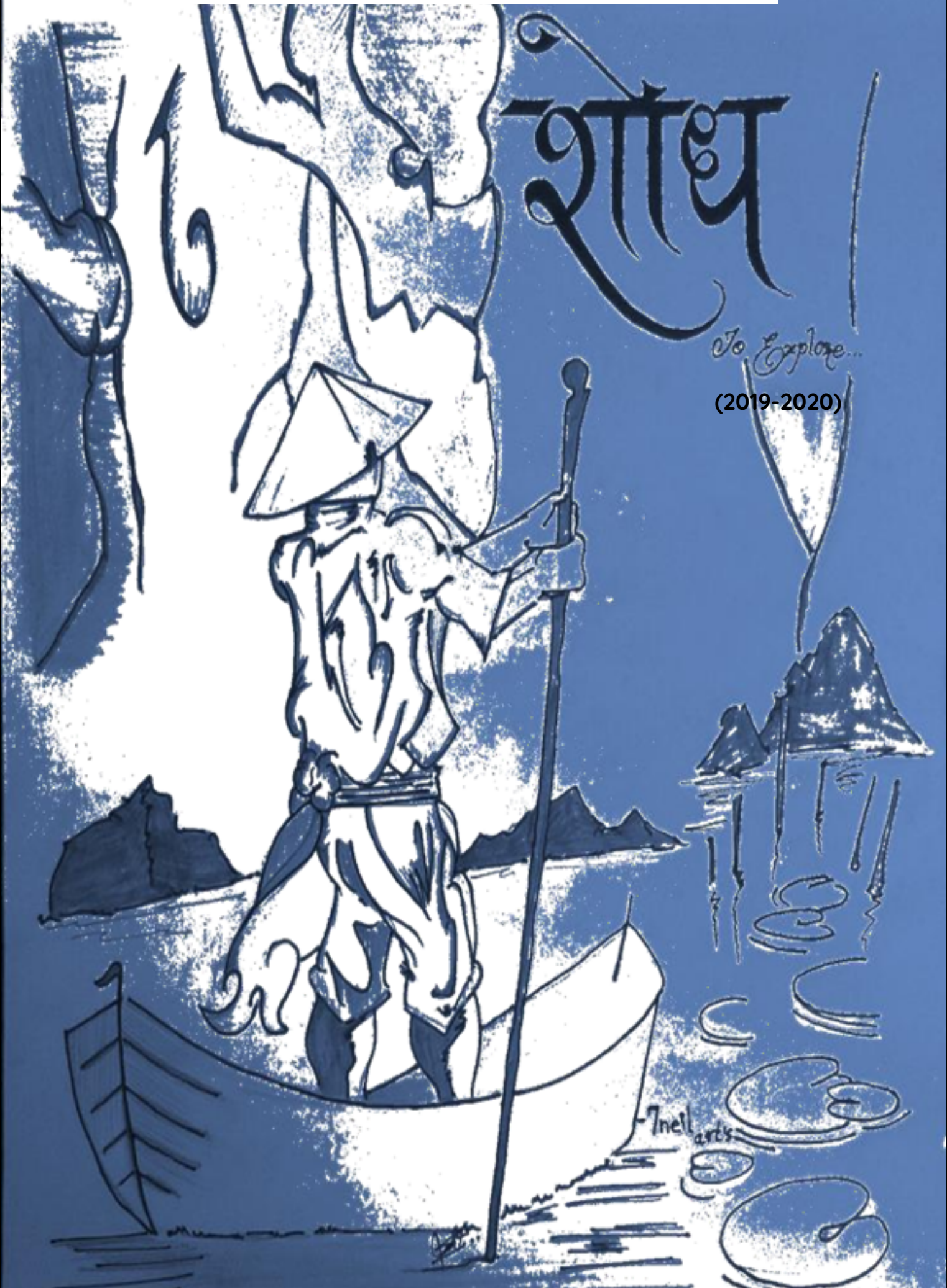


MGM SCHOOL OF PHYSIOTHERAPY PRESENTS

शांघ

To Explore...

(2019-2020)



Inell arts

EDITOR'S NOTE

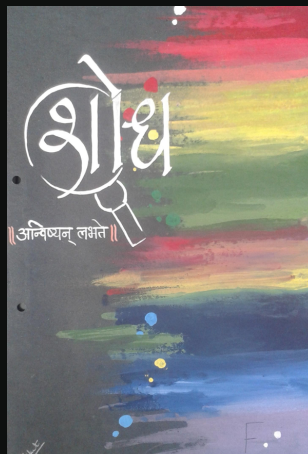
WELCOME

I would like to extend a warm welcome to all the readers to the 2019-2020 edition of the annual magazine of MGM School of Physiotherapy, Navi Mumbai - SHODH

The word "Shodh" means to search or research. Within the pages of this magazine you will find a broad spectrum of content covering Academic success of the students and faculty, Co- curricular and extra curricular activities, astounding artistry and much more...

It has been an honor to be able to put together this magazine. I am thankful to our Director, Dr. Rajani Mullerpatan and Faculty Incharge of Student Welfare Committee Dr. Mamta Shetty (PT) for giving me this opportunity and the required guidance. I am thankful to the Editorial Team for their valiant efforts and support throughout the year. The photography team of the Editorial Committee in particular have consistently been on their toes to capture the best moments digitally. I am grateful to the fellow members of student council and all my batchmates for unwavering support and participation.

SHARVARI SARDESHMUKH
Editorial Committee Head
(IV BPT - Student)



ON THE COVER :

Front Page - Designed by :
Swapnil Kardak
(Alumni - MGM School Of
Physiotherapy, Navi Mumbai)

Back Page - Designed by :
Aniket Govekar
(Alumni - MGM School Of
Physiotherapy, Navi Mumbai)

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FROM THE DESK



Dr. Rajani Mullerpatan
Professor Director,
MGM School of Physiotherapy, Navi Mumbai.

On behalf of the entire Team of Students and Faculty of MGM School of Physiotherapy Navi Mumbai, i welcome you to the Vth edition of Shodh !

Shodh was conceived and delivered by our creative students in 2012. Since then, in the past 8 years of its journey, this exemplary magazine has found such brilliant talent and art amongst students to portray. From the platform of Shodh, we have seen the magnificent horizon where talent and art emerges from the natural culmination of curricular and extracurricular capacities of our students. Shodh provides an easily accessible, equitable canvas to all our students to paint the Physiotherapy student life with innovative and beautiful forms of expression ranging from writing art, visual art, photography, painting, performing art, etc.

Each edition is exclusive as it brings joy and warmth of memories; however it surpasses the previous one in its calibre. We congratulate all the Students and the Faculty Members to keep the tradition on, particularly the Members of Student Council, Student Welfare Committee and the Editorial Board.

The Vth edition needs a special applause because it has emerged from the physical, mental and emotional resilience of our Students and Faculty in the Covid 19 pandemic.

I extend my best wishes for Shodh to become an iconic symbol of expression of art, weaved with memories; as i pray for best health, bright career and happiness for all our Students, Faculty and their families.

We will emerge stronger, happier and together from this pandemic!

Student Council Committee:

Sr.No.	Members	Designation
1	Dr. Rajani Mullerpatan	Chairperson
2	Dr. Mamta Shetty (PT)	Member Secretary (Faculty)
3	Dr. Shrutika Parab (PT)	Member (Faculty)
4	Ms. Ovi Ghadigaonkar (IV BPT)	General Secretary
5	Ms. Suruchi Sawant (IV BPT)	Cultural Secretary
6	Ms. Simran Kandhari (IV BPT)	Academic Secretary
7	Ms. Sharvari Sardeshmukh (IV BPT)	Editorial Head
8	Ms. Rachelle Lobo (IV BPT)	Sports Secretary
9	Mr. Chitrang Amonkar (IV BPT)	Treasurer
10	Ms. Dishti Solanki (IV BPT)	Arts Head

Grievance Redressal Cell:

Sr.No.	Members	Designation
1	Dr. Reeta Abbi	Nodal Officer - MGMIHS
2	Dr. Rajani Mullerpatan	Chairperson
3	Dr. Bela Agarwal (PT)	Member Secretary (Faculty)
4	Dr. Shrutika Parab (PT)	Member (Faculty)
5	Dr. Hiranmayee Bagwe (PT)	Member (Faculty)
6	Ms. Neha Padia (MPT scholar)	Student Representative (MPT)
7	Mr. Hardik Nimla (II BPT)	Student Representative (BPT)

Sexual Harassment Redressal committee:

Sr.No.	Members	Designation
1	Dr. Rajani Mullerpatan	Director
2	Dr. Bela Agarwal (PT)	Professor
3	Dr. Shrutika Parab (PT)	Member (Faculty)
4	Dr. Ruturaj Shete (PT)	Member (Faculty)

Anti-Ragging Committee

Sr.No.	Members	Designation
1	Dr. Rajani Mullerpatan	Chairperson
2	Dr. Bela Agarwal (PT)	Member Secretary (Faculty)
3	Dr. Payal Murkudkar (PT)	Member (Faculty)
4	Mrs. Prajakta Ambewadikar	Representative (Non-teaching)
5	Mr. Abhijeet Kanojia (MPT scholar)	Student Representative (MPT)
6	Ms. Avani Dixit (III BPT)	Student Representative (BPT)
7	Ms. Akanksha Darekar (II BPT)	Student Representative (BPT)
8	Mr. Sanjay Sawant	Parent Representative

A dark wooden desk with a black leather folder, a silver pen, and a smartphone. The folder is in the top right corner, the pen is in the middle right, and the smartphone is in the bottom right. The text "MEET OUR FACULTY" is centered on the desk.

MEET OUR FACULTY

Faculty 2019-2020



Faculty 2019-2020
MGM School Of Physiotherapy, Navi Mumbai



Faculty 2019-2020 - Traditional Day, Athena 2020.
MGM School Of Physiotherapy, Navi Mumbai



Director

Dr. Rajani Mullerpatan

Professor

Dr. Bela Agarwal (PT)

Dr. Meruna Bose

Associate Professor

Dr. Amrita Ghosh (PT)

Assistant Professor

Dr. Triveni Shetty (PT)

Dr. Mamta Shetty (PT)

Dr. Ruturaj Shete (PT)

Dr. Pradya Girdhar (PT)

Dr. Shrutika Parab (PT)

Dr. Juhi Bharnuka (PT)

Dr. Payal Murkudkar (PT)

Dr. Hiranmayee Bagwe (PT)

Dr. Rucha Pradhan (PT)

Dr. Pooja Dogra (PT)

Dr. Anisha Gulati (PT)

Dr. Bhoomika Sawant (PT)

Dr. Yashashri Karanjkar (PT)

Dr. Jennifer Dsouza (PT)

Dr. Omeshree Nagrale (PT)

Non Teaching Staff :

Office Clerk

Mrs.Prajakta Ambewadikar

Accountant

Mrs. Ujwala Patil

**Information
Technology**

Mr. Nitin Pawar

Peon

Mr. Yashwant Gaikar

Copier

Mr. Rajesh Kulaye

Housekeeping

Mrs. Niramala Pimple

Team

Mrs. Malika Bhanage

Mrs. Maya Ghoderao

Mr. Vithoba Mhaskar

It's the teacher that makes the difference, not the classroom.

- Michael Morpurgo

STUDENT COUNCIL AND COMMITTEES

2019 - 2020

COMMITTEE NAME	COMMITTEE HEAD	COMMITTEE MEMBERS
General secretary	Ovi Ghadigaonkar (IV BPT)	
Arts	Dishti Solanki (IV BPT)	Asifa Khan, Shefali Kotwal (IV BPT), Sanika Kulkarni, Khilti Furia, Zaheen Shaikh, Riddhi Shinde, Priya Shah (III BPT), Tanvi Shah, Kinnari Parikh, Aayushi Gala, Nishtha Pandit, Isha Nileshwar, Iffat Khatib, Ashima Dhiman, Anushka Tambe, Devanshi Rupani, Zaheen Shaikh, Sayali Mandke, Mansi (II BPT), Preeti Bhatia, Priyadarshini S, Apurva Kolk, Ankita Deshmukh, Mustafa Shaikh, Nancy Arethiya (I BPT)
Cultural	Suruchi Sawant (IV BPT)	Carolyn D'Souza (IV BPT), Nirmiti Shinde, Shalom Andrews, Ankita Kelkar, Kirtika Pillai (III BPT), Sadiyah Wahedna, Kavisha Randeria, Manasi Wangikar, Hrishikesh Khonde (II BPT), Vridhi Bhambhani, Anushka Bharnarkar, Nupoor Chavan, Sneha Lund (I BPT)

STUDENT COUNCIL AND COMMITTEES

2019 - 2020

COMMITTEE NAME	COMMITTEE HEAD	COMMITTEE MEMBERS
Sports	Rachelle Lobo (IV BPT)	Indraneel Mhatre, Ankita Sawant (IV BPT), Neha Damle, Shweta Zende, Avani Dixit, Mubarak Desai (III BPT), Shivani Dongre, Rohit Nair, Shivam Sankhe (II BPT), Hitanshu Gupta, Sanya Richard, Hasnain Chaviwala, Priyanshu Jain (I BPT)
Academic	Simran Kandhari (IV BPT)	Harshada Mhadgut, Preksha Dedhia, Nitesh Vaishya (IV BPT), Roshni Kukreja, Anoli Gupta, Kavya Agrawal, Hinal Shah (III BPT), Charmi Gandhi, Vishwa Sanghvi, Aakanksha Darekar (II BPT), Shrishti Kansara, Ekta Hemnani (I BPT)
Treasurer	Chitrang Amonkar (IV BPT)	Urvi Arsekar, Dhruvil Jain, Samruddha Bamhankar (IV BPT), Disha Surwase (III BPT), Hardik Nimla, Divya Raju, Ritu Shah (II BPT), Ishika Kohli, Drashti Sanghvi, Nidhi Kataria (I BPT)
Editorial	Sharvari Sardeshmukh (IV BPT)	Siddhi Tripathi, Hanna Rakhanghi, Shreeya Chitale, Shreya Thacker (IV BPT), Jalak Upadhyay, Saba Kalokhe (III BPT), Soham Sawant (II BPT), Anushka Bajaj, Durratussharaf Ghadiali (I BPT)

RANK HOLDERS : 2019 - 2020

BATCH	RANK	NAME OF STUDENT/S
First Year (BPT) Semester 1	1st - 2nd - 3rd -	Gizelle Glenn Pereira Anushka Bajaj Shriti Kansara
First Year (BPT) Semester 2	1st - 2nd - 3rd -	Anushka Bajaj Sneha Thakur Lund Saniya Renita Richard
Second Year (BPT)	1st - 2nd - 3rd -	Ritu Udayan Shah Tanvi Salil Shah Palak Jayesh Trivedi
Third Year (BPT)	1st - 2nd - 3rd -	Arya Vinayak Savadi, Anoli Alok Gupta, Saba Akhtar Kalokhe Roshni Nandlal Kukreja Khadija Ebrahim Lokhandwala
Fourth Year (BPT)	1st - 2nd - 3rd -	Sharvari Vivek Sardeshmukh Prabhat Sukumar Mudhaliar Zoya Abdul Shaffi Mohammed

RANK HOLDERS : 2019 - 2020

BATCH	RANK	NAME OF STUDENT/S
MPT Scholars (MPT-2)	1st - 2nd - 3rd -	Sumedh Subodh Vaidya Neha Sudhir Raorane Hiloni Rakesh Badani

Winners of Chancellor's Medal:

Undergraduate - Jayati Sampat
(Batch of 2020) (Intern)

Postgraduate - Neha Raorane
(Batch of 2020) (MPT Scholar)

Congratulations

A photograph of a person from behind, wearing a red t-shirt and a red cap, with both arms raised in the air. The t-shirt has the words "SPORTS COMMITTEE" printed on it. The person is wearing a silver watch on their left wrist and several bangles on their right wrist. They are in a crowd of other people, some of whom are also wearing red shirts. In the background, there is a tall, white, multi-story building and some greenery. The entire image is framed by a thin yellow border.

EVENTS 2019 - 2020



I BPT Regular and Winter Batch



II BPT Regular and Winter Batch



III BPT Regular and Winter Batch



IV BPT Regular and Winter Batch



Interns - Regular and Winter Batch



MPT Scholars with Faculty

World Physiotherapy Day Celebration 2019



8th September is Celebrated as World Physiotherapy Day. The theme proposed by World Confederation of Physical therapy (WCPT) for World Physiotherapy Day 2019 was “Chronic Pain”

Multiple events were organised by the student council of MGMSOP, Navi Mumbai over the span of 3 days (from 6th to 8th Sept, 2019 with the objective of raising awareness about chronic pain and the field of physiotherapy.



A rally was conducted by BPT students along with the faculty members in the college campus. The purpose of the rally was to increase awareness and importance of Physiotherapy with in the community.



A Poster making competition was organized and the best poster were awarded by the judges.

An informative seminar was organized to create awareness about Chronic pain for the patients in the Physiotherapy OPD at MGM Hospital, Navi Mumbai. The seminar was conducted in both English and Hindi. Identification of Chronic Pain, Remedies of Chronic Pain, Signification of Physiotherapy in common conditions like Low Back Pain, Osteoarthritis and Cervical Pain, ideal time to contact a Physiotherapist and Importance of Ergonomics, Posture, Diet and Yoga was explained.



Teacher's Day Celebration 2019



5th September is celebrated as Teachers' Day all over India as an occasion to appreciate and acknowledge the efforts and hard work of teachers, in the memory of Dr Sarvepalli Radhakrishnan.

On the occasion of Teacher's Day, a short program was executed by the student council of MGM School of Physiotherapy. The program commenced by greeting all the teachers with a token of appreciation, followed by a presentation on the life and values of Dr Sarvepalli Radhakrishnan. 2 Faculty members - Dr. Shruti Nair (PT) and Dr. Juhi Bharnuke (PT) were felicitated for their contribution towards research with a cash prize.

The students then pledged an Oath to maintain honest conduct and sincerity during our academic tenure including examination. The celebration concluded with 'Cake Cutting' ceremony and games organized for teachers.

"True teachers are those who help us think for ourselves" - Dr. Sarvepalli Radhakrishnan.



World Stroke Day 2019



29th October, every year is observed as World Stroke Day. It seeks to emphasize the serious nature and high incidence of stroke. The Day is observed to raise awareness of the prevention and treatment of stroke.

MGM Institute of Health Sciences organised a skit competition to aid awareness regarding stroke. Students of MGM School of Physiotherapy participated in the competition and were awarded 1st prize by the IMG Institute of Health Sciences.



EVENT	1WINNERS
Skit Competition	Yashika Gandhi (Intern) Janvi Jain (Intern) Preksha Jain (Intern) Gavin Fernandes (Intern) Nitesh Vaishya (IV BPT) Neha Damle (III BPT) Punit Tayde (III BPT)

International Day of Persons with Disability - 2019



The annual observance of the International Day of Disabled Persons on 3rd December, was proclaimed in 1992 by The United Nations. It aims to promote the rights and well-being of persons with disabilities in all spheres of society and development, and to increase awareness of the situation of persons with disabilities in every aspect of political, social, economic and cultural life.



MGM School Of Physiotherapy, Navi Mumbai organised a special event on 3rd December, 2019. Patients with parkinsonism and cerebral palsy, DMD and few others attended the event along with students of MGM School of Physiotherapy, Navi Mumbai. The event started with a brief introduction

by Dr. Rajani Mullerpatan (PT)- Director of MGM School of Physiotherapy, Navi Mumbai. Later they were enlightened about various policies, rights and laws mentioned under the constitution of India by Dr. Uttara Deshmukh - HOD of Prosthetics and Orthotics. Games were arranged for the attendees including - Antakshari and Housie etc. The winners were felicitated and the event was concluded. The patients reported that they felt well informed and empowered after the session.

Parkinson Support Group



MGM School Of Physiotherapy, Navi Mumbai organised Support group sessions for patients with Parkinson's Disease.

These support groups sessions took place twice a week for a span of a year (2019) and included multi-disciplinary plan of care for the attendees.

The patients were educated about the condition, its progression and self management techniques. They were introduced to physiotherapy management in PD. Several sessions were conducted focusing on one topic per session including - management of rigidity and stiffness, posture care, management of gait impairments, techniques to reduce anxiety and relieve stress and many more. Along with physiotherapy treatment they were also educated about proper dietary habits by Dietitian - Nutritionist, about Speech Therapy by a Speech therapist practicing in MGM Hospital, Navi Mumbai.

Convocation 2019



Convocation ceremony for MPT Scholars Batch 2018-2019, 19th January, 2019 at MGMIHS Auditorium, MGM Campus, Navi Mumbai

Quiz-a-thon : Times Of India (2019)



Quiz-a-thon is an intercollegiate quiz competition organised by the prestigious - Times group's : Times of India. It is based on general knowledge and Current Affairs. Quiz-a-thon 2019 took place at Pheonix Market City Mall, Kurla, Mumbai. About 800 students representing various colleges from all over Mumbai participated in this competition. 3 Teams (total of 9 students) from MGM School Of Physiotherapy also participated in this event, along with faculty in charge - Dr. Mamta Shetty (PT).

EVENTS

Quiz-a-thon
(Times Of India)

PARTICIPANTS - TEAMS

Sharvari Sardeshmukh, Seeba Ibrahim, Smita Gaikwad (IV BPT)

Palak Trivedi, Tanvi Shah, Vishwa Sanghavi (II BPT)

Shrishti Kansara, Bhakti Naik, Sana Ahmed (I BPT)

CULTURAL EVENTS :

Cultural competetion - MBIAP



Indian Association Physiotherapist is a registered body in India, with over 30,000 physiotherapist as member of this body. Mumbai Branch of Indian Association of Physiotherapist (MBIAP) is the first hence the oldest branch of IAP formed almost 50 years ago. The biannual, intercollegiate cultural competition for the year 2019 took place on 28th September, 2019, at Lala Lajpat Rai College, Mahalakshmi, Mumbai.

20 Students from MGM School Of Physiotherapy, Navi Mumbai participated in this competition. The theme of the dance performance was - "Evolution Of Physiotherapy over the years."



PARTICIPANTS

Suruchi Sawant, Ovi Ghodigaonkar, Sharvari Sardeshmukh, Shefali Kotwal, Carolyn D'Souza, Harshada Mhadgut, Nitesh Vaishya, Chitrang Amonkar, Asifa Khan, Urvi Arsekar, Simran Kandhari, Rachelle Lobo (IV BPT) Shalom Andrews, Disha Surwase (III BPT), Aakanksha Darekar, Shivani Dongre, Soham Sawant, Tejas Sawant, Hrishikesh Khonde (II BPT), Anushka Bhanarkar (I BPT).

Gandhi Jayanti - 2019

The students of MGM School of Physiotherapy, Navi Mumbai participated actively in the event organized by MGM Institute of Health Sciences, Navi Mumbai in commemoration of 151st Birth Anniversary of Mahatma Gandhi on 2nd October 2019. The main objective of the program was to re-live the journey of our great leader Mahatma Gandhi and to invoke his teachings among today's generation.

A skit was performed by the 1st year BPT students in an interdepartmental event organised by MGM Institute of Health Sciences promoting the topic "PLASTIC FREE CAMPUS" - with appropriate posters.



Pictures from left to right: Participants of the skit with student council members, A still from skit performance, MGM Auditorium, MGM Campus, Navi Mumbai, 2019

PARTICIPANTS

Mustafa Shaikh, Vedant Madhavi, Sanya Richard, Adnyey Surve, Ishika Kohli, Hitanshu Jain, Priyanshu Jain, Ekta Hemani, Durratussharaf Ghadiali (I BPT).



An essay writing competition was organised by MGM School of Physiotherapy, Navi Mumbai. Winners were announced by judges.

Events	Winner	Name Of Student
Essay Writing Competition	1st	Shriya Patil (III BPT)
	2nd	Gizelle Pereira (I BPT)



Dussehra Celebration - 2019

Dussehra was celebrated on 4th October 2019 at MGM School of Physiotherapy, Navi Mumbai. The objective was to depict good is triumphant over evil through various cultural performances by the students.

The event was conducted on 4th of October 2019 at MGM School of Physiotherapy, Navi Mumbai.



The event commenced with Durga Poojan by all faculty members. This was followed by introduction of the student council members for the year 2019-2020. A group dance competition and fashion show was held. The theme for the group dance competition was depiction of Durga Maa and Mahishasura, Vaishnodevi and Bhairavnath, Life of Christ, Kaali and Darik, Holika and Prahalad and Bheem and Bakasura for I BPT, II BPT, III BPT, IV BPT, interns and MPT scholars respectively. The theme for the fashion show was based on combination of one clothing items and one accessory. The event concluded with prize distribution, snacks and Garba.

Events	Winner	Name Of Student
Group Dance Competition	1st	III BPT
	2nd	I BPT
Fashion Show (Girls)	1st	Durratussharaf Ghadhiali (I BPT)
	2nd	Dishti Solanki (IV BPT)
	MPT Scholar	Rachel Nagarkar (MPT Scholar)
Fashion Show (Boys)	1st	Mubarak Desai (III BPT)
	2nd	Hardik Nimla (III BPT)
Photography competition	1st	Hanna Rkhanghi (IV BPT)
	2nd	Saba Kalokhe (III BPT)



Winners of Group dance competition, MGMSOP, Navi Mumbai - 2019



Winners of Fashion Show competition, MGMSOP, Navi Mumbai - 2019

Christmas Celebration 2019

A Christmas celebration party was organised by the Neuro Physiotherapy department and students of MGM School Of Physiotherapy, Navi Mumbai. All pediatric patients taking treatment at MGM Pediatric Physiotherapy OPD were invited to the event. Interactive games and activities were arranged, including a Christmas Cap decoration competition, the best decorated caps were awarded a prize by faculty.



Pictures from left to right: Games for children - Christmas cap decoration, Decorations in Neuro Physiotherapy OPD, A still from christmas celebration, MGM Hospital, Navi Mumbai.



In picture: All the attendees of Christmas celebration at Neuro Physiotherapy OPD, MGM Hospital, Navi Mumbai.

Republic Day 2020

January 26, Republic Day marks the day when the Constitution of India came into effect. Republic Day celebration, 2020 - MGM Institute of Health Sciences, Navi Mumbai, began with a parade of security staff at MGMIHS, Navi Mumbai, followed by Introduction of chief guests and Flag Hoisting by chief guests and HODs of several departments of MGMIHS. 9 Students of MGM School Of Physiotherapy were selected to sing the National Anthem at this event.



Students of MGMSOP, Navi Mumbai during the Republic Day celebration, MGMIHS, Navi Mumbai, 2020

PARTICIPANTS (From Left to Right)

Damini Aglawe (MPT Scholar), Sanya Richard (I BPT), Shruti Gupte (I BPT), Sumedh Vaidhya (MPT Scholar), Sharvari Sardeshmukh (IV BPT), Palak Trivedi (II BPT), Neena Varghese (MPT Scholar), Sneha Vyanktraman (Intern), Ishika Kohli (I BPT).

"RHYTHM" Institute of Music and Performing Arts was inaugurated by chief guest Padmashri Hridhaynath Mangeshkar along with HODs and Authorities of all departments under MGMIHS, Navi Mumbai.



SPORTS EVENTS :

RAIT Sports Fest - 2019



Ramrao Adik Institute of Technology (RAIT) - Sports committee of Ramrao Adik Institute of Technology, located Dr. D Y Patil Technical Campus organises an intercollegiate cricket tournament every year. Various college from Mumbai and Navi Mumbai participant in this state level cricket tournament. The intercollegiate tournament for the year 2019 took place on 11th October, 2019 at D Y Patil Sports Complex, Nerul, Navi Mumbai.



Participants of Box Cricket Tournament, RAIT Sports Complex, Dr. D Y Patil University Campus, Nerul, Navi Mumbai.

A sports team comprising of 7 team members including BPT Students and MPT Scholars along with faculty incharge Dr. Ruturaj Shete (PT) and Sports Secretary Ms. Rachelle Lobo participated in the tournament and qualified upto the Semi - Finals of the tournament.

Events	Participants
Box Cricket Tournament (RAIT)	Priyanshu Jain (I BPT) Hasnain Chaviwala (I BPT) Mubarak Desai (III BPT) Prasenjeet Kale (III BPT) Keshav Singh (III BPT) Mihir Mange (MPT Scholar) Sumedh Vaidya (MPT Scholar)

5th Annual MGM Olympics

5th Annual MGM Olympics was held from 3rd to 5th December 2019, at MGM Aurangabad campus where students from various colleges across the state of Maharashtra participated. A total of 46 students from all batches participated along the sports secretary - Ms. Rachelle Lobo and Faculty Incharge - Dr. Ruturaj Shete (PT).

We present the list of winners :

Events	Participants	Winners
100m(Boys)	Ankur Kesarkar, Hitanshu Gupta (I BPT), Indraneel Mhatre (IV BPT), Prateek Sontakke (Intern)	1st (Gold) Ankur Kesarkar (I BPT)
200m (Boys)	Ankur kesarkar (I BPT)	1st (Gold)
Relay (Boys) 4 x 100m	Ankur Kesarkar, Hitanshu Gupta (I BPT), Keshav Singh (III BPT), Prateek Sontakke (Intern)	
Relay (Girls) 4 x 100m	Mahima Gaikwad, Urvi Arsekar, Rachelle Lobo (IV BPT), Amreen Khan (Intern)	2nd (Silver)
Throwball (Girls)	Sanya Richard (I BPT), Trupti Sheety, Aakanksha Darekar (II BPT), Disha Surwase, Shaili Gogri (III BPT), Suruchi Sawant, Mahima Gaikwad (IV BPT), Amreen Khan (Intern)	
Khokho (Boys)	Hitanshu Gupta (I BPT), Tejas Sawant (II BPT), Keshav Singh (III BPT), Chitrang Amonkar, Nitesh Vaishya, Indraneel Mhatre (IV BPT)	
Khokho (Girls)	Ishika Kohli, Saloni Bhoir (I BPT), Aakanksha Darekar (II BPT), Neha Damle, Khilti Furia (III BPT), Urvi Arsekar, Shefali Kotwal, Suruchi Sawant (IV BPT)	

Events	Participants	Winners
Badminton (Girls)	Sudhiksha Vyas, Saloni Bhoir (I BPT), Mahima Gaikwad, Rachelle Lobo (IV BPT), Aditi Patkar (Intern)	1st (Gold)
Badminton (Boys)	Priyanshu Jain (I BPT), Prateek Sontakke (Intern), Shantanu Singh (MPT scholar)	
Basketball (Boys)	Tejas Sawant (II BPT), Keshav Singh, Mubarak Desai (III BPT), Indraneel Mhatre, , Dhruvil Jain, Chitrang Amonkar (IV BPT), Rahul Zalte (Intern)	
Basketball (Girls)	Jheel Shah, Ishika Kohli (I BPT), Shaili Gogri, Neha Damle, (III BPT) Suruchi Sawant, Shefali Kotwal, Harshada Mhadgut(IV BPT), Amreen Khan (Intern)	
Football (Boys)	Hitanshu Gupta, Ankur Kesarkar, Priyanshu Jain, Mustafa Shaikh, Hasnain Chaviwala, Aadil Kapadia (I BPT), Tejas Sawant (II BPT), Keshav Singh (III BPT) Chitrang Amonkar (IV BPT), Prateek Sontakke (Intern)	
Swimming (Fs 50m Girls)	Ovi Ghadigaonkar (IV BPT)	3rd Bronze
Swimming (Girls) Relay	Sanya Richard, Harshi Shroff, Saloni Bhoir (I BPT), Ovi Ghadigaonkar (IV BPT)	1st (Gold)
Swimming (Boys) Relay	Utkarsh Shinde, Mubarak Desai (III BPT), Nitesh Vaishya, Dhruvil Jain (IV BPT).	3rd (Bronze)
Swimming BS 50m (Boys)	Harshi Shroff (I BPT)	3rd (Bronze)
Swimming BS 50m (Girls)	Ovi Ghadigaonkar (IV BPT)	2nd (Silver)
Shotput (Girls)	Sanya Richard (I BPT), Khilti Furia (III BPT)	2nd (Silver) Sanya Richard
Discus Throw (Girls)	Sanya Richard (I BPT), Khilti Furia (III BPT)	2nd (Silver) Sanya Richard
Discus Throw (Girls)	Tejas Sawant (II BPT), Mubarak Desai (III BPT)	
Javelin Throw	Mubarak Desai (III BPT)	

Cultural and Academic Events

Participants

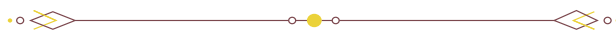
Winners

Patriotic Singing	Rushabh Agarwal (II BPT), Sumedh Vaidhya (MPT Scholar)	1st (Gold)
GK Quiz	Smita Gaikwad, Chitrang Amonkar (IV BPT), Rahul Zalte (Intern), Shantanu Singh (MPT Scholar)	
Debate	Shivani Dongre, Aakanksha Darekar (II BPT), Disha Surwase (III BPT) , Ushma Gor (Intern)	Best speakers: Disha Surwase (III BPT) (against the topic), Aakanksha Darekar, Shivani Dongre (II BPT) (For the Topic)



Participants of MGM Olympics 2019, MGM Sports Club and stadium, MGM Campus, Aurangabad

Renaissance - Intercollegiate Sports Fest 2020



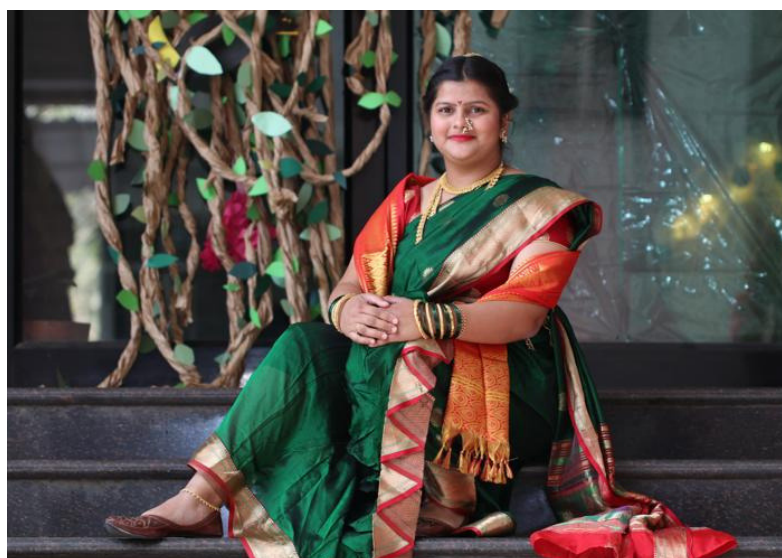
"Renaissance" is a State level intercollegiate cultural and sports fest organised by Modern College Of Physiotherapy, Pune. The event took place from 7th to 11th January, 2020. The objective was to bring students from all Physiotherapy colleges from Maharashtra together in Sports Spirit. 14 Students (11 Boys and 3 Girls) from BPT batches and MPT Scholars participated in the Sports Fest, lead by Faculty Incharge Dr. Ruturaj Shete (PT).



Participants with Faculty Incharge - Dr. Ruturaj Shete (PT), Renaissance Sports Fest 2020, Modern College Of Physiotherapy, Pune.

Events	Participants	Winners
100m(Boys)	Ankur Kesarkar (I BPT)	1st (Gold)
200m (Boys)	Prateek Sontakke (Intern)	
Relay (Boys) 4 x 100m	Ankur Kesarkar, Hitanshu Gupta (I BPT), Mubarak Desai (III BPT) , Prateek Sontakke (Intern)	2nd (Silver)
Badminton (Girls)	Sudhiksha Vyas (I BPT)	1st (Gold)
Basketball (Boys)	Hitanshu Gupta (I BPT), Keshav Singh, Mubarak Desai, Prasanjeet Kale (III BPT) Prateek Sontakke, Gavin Fernandes (Intern)	2nd (Silver)
Debate	Avani Dixit, Disha Surawase, Prasanjeet Kale, Punit Tayde (III BPT)	1st (Gold)

Athena 2020



Theme of ATHENA 2020 :

Trail to Nature



"ATHENA" is the Annual Sports and Cultural Fest of MGM School of Physiotherapy (MGMSOP), Navi Mumbai. Named after the Greek, Olympian goddess of wisdom and war and the adored patroness of the city of Athens. Athena was a master artisan - associated with handicrafts and weaving.



The main objective of "ATHENA" is to bring all students and faculty together in the spirit of celebrations and sports, provide a platform for personal development through various opportunities.

The fest has a new and relevant theme every year. The theme for "ATHENA - 2020" was - TRAIL TO NATURE.



In recent times the need for conservation of natural resources and the natural habitat has gained increasing importance due to various potentially threatening phenomena like - Climate change, global warming, devastating natural calamities, frequent forest fires, hazards caused due to urbanization and so on.



Thus the theme aimed to sensitize the 'students of today, citizens of tomorrow' about the importance of having a sustainable environment.

ATHENA 2020 took place from 02nd March, 2020 to 07th March, 2020.

The Fest started with an inauguration ceremony and the fest was declared open by the Director of MGM SOP, Navi Mumbai Dr. Rajani Mullerpatan (PT), HOD PNO department Dr. Uttara Deshmukh and chief guest for the event Dr. Sabita Ram

The inauguration ceremony included cutting the ribbon and unveiling the theme for ATHENA 2020. Adhering to the theme and its message - a sapling plantation drive was carried by the authorities, chief guests, faculty and students.

The Arts committee under the guidance of Arts committee head Ms. Dishti Solanki decorated the entire MGM SOP, Navi Mumbai campus adhering to the theme. Various natural landscapes were depicted - including the serene deserts, lush forests, oceanic life and mystical space to name a few.

Over the week various sports, cultural, art and editorial events took place at MGM SOP, Navi Mumbai campus. Furthermore, each day of during the fest had a theme -

02nd March - Athena Day

03rd March - Olympic Day (Sports Day)

04th March - Spooky Day

05th March - Go Desi (Traditional Day)

06th March - Action Replay (Retro Day)

07th March - Pajama Day





SPORTS





DAY²⁰



SPORTS - ATHENA 2020

List of events and respective winners:

Events	Gold (1st Place)	Silver (2nd Place)	Bronze (3rd Place)
100m (Boys)	Ankur Kesarkar (I BPT)	Indraneel Mhatre (IV BPT)	Hitanshu Gupta (I BPT)
100m (Girls)	Sanya Richard (I BPT)	Divya Raju (II BPT)	Neha Yadav (II BPT)
200m(Boys)	Ankur Kesarkar (I BPT)	Tejas Pandit (PNO)	Hitanshu Gupta (I BPT)
200m (Girls)	Sudhiksha Vyas (I BPT)	Rachelle Lobo (IV BPT)	Ashi Shah (I BPT)
Relay 4x00m	Sanya Richard, Ishika Kohli, Ashi Shah, Sudhiksha Vyas (I BPT)	Saloni Patil, Divya Raju, Aakanksha Darekar, Neha Yadav (II BPT)	Siddhi Rane, Mahima Gaikwad, Urvi Arsekar, Rachelle Lobo (IV BPT)
Shotput (Boys)	Dhruvil Jain (IV BPT)	Calvin Pereira (IV BPT)	Samruddha Bamhankar (IV BPT)
Shotput (Girls)	Sanya Richard (I BPT)	Aishwarya Salunkhe (II BPT)	Madhulika Singh (IV BPT)
Discuss Throw (Boys)	Mubarak Desai (III BPT)	Siddhesh Mali (P&O)	Krutik Jadhav (P&O)
Discuss Throw (Girls)	Ankita Sawant (IV BPT)	Sanya Richard (I BPT)	Aishawarya Salunkhe (II BPT)
Combined Relay (Boys)	Indraneel Mhatre, Nitesh Vaishya, Prabhat Mudhaliar, Calvin Pereira, Rinu Varghese (IV BPT)	Ankur Kesarkar, Hitanshu Gupta, Hasnain Chaviwala, Mustafa Shaikh, Vedant Madhvi (I BPT)	Sachin Kawankar, Siddhesh Mali, Tejas Pandit, Hitesh Chorge, Rohan Sangade (P&O)
Combined Relay (Girls)	Rachelle Lobo, Mahima Gaikwad, Siddhi Rane, Smita Gaikwad, Sharvari Sardeshmukh (IV BPT)	Ankita, Ashi Shah, Sudhiksha Vyas, Moksha, Preity Bhatia (I BPT)	Ritu Shah, Divya Raju, Dhanashree, Vishwa Sanghavi, Nishita Pandit (II BPT)
Badminton (Boys)	Hardik Nimla (III BPT)	Rafiq Ahmad (P&O)	Stavan Sawant (I BPT)
Badminton (Girls)	Ankita Sawant (IV BPT)	Sayali Mandke (II BPT)	Sudhiksha Vyas (I BPT)

SPORTS - ATHENA 2020

List of events and respective winners:

Events	Gold (1st Place)	Silver (2nd Place)
Basketball	Mubarak Desai, Keshav Singh, Shaili Gogri, Neha Damle, Shweta Zende (III BPT)	Calvin Pereira, Ivan Dsouza, Ankita Sawant, Shirly Gaikwad, Suruchi Sawant (IV BPT)
Throwball	Neha Damle, Shaili Gogri, Shweta Zende, Disha Surwase, Mubarak Desai, Prasanjeet Kale (III BPT)	Tejas Sawant, Hardik Nimla, Ritu Shah, Aakanksha Darekar, Aishwarya Salunkhe, Dhanashree (II BPT)
Futsal	Ankur Kesarkar, Esakidas Konar, Ishika Kohli, Sanya Richard, Anushka Bajaj (I BPT)	Ivan Dsouza, Calvin Pereira, Rachelle Lobo, Ankita Sawant, Sharvari Sardeshmukh (IV BPT)
Box Cricket	Shubham, Lav, Neelam, Simran, Sneha (P&O)	Tejas Sawant, Sayali Mandke, Aishwarya Salunkhe, Palak Trivedi, Hrishikesh Khonde (II BPT)
Dodgeball	Prasanjeet Kale, Keshav Singh, Disha Surwase, Shweta Zende, Neha Damle, Ishika Kohli (III BPT)	Sachin, Tejas Patil, Mariya, Riya, Shikha, Afra (P&O)
Tug Of War	Soham Sawant, Tejas Sawant, Ritu Shah, Aishwarya Salunkhe, Nishtha Mishra, Vishwa Sanghvi, Kavisha Randeria (II BPT)	Ankur Kesarkar, Ekta Hemnani, Sanya Richard, Anushka Bajaj, Shruti Gupte, Junaid, Moksha (I BPT)
Carrom (Boys)	Ivan Dsouza (IV BPT)	Chitrang Amonkar (IV BPT)
Carrom (Girls)	Ankita Sawant (IV BPT)	Manisha (P&O)
Chess (Boys)	Shubham Pawar (P&O)	Ankur Kesarkar (I BPT)



Cultural





events.



Cultural events - Athena 2020

Events	Winners	Batch/Name of Student/s
Skit Competition	1st (Gold)	Soham Sawant, Tejas Sawant, Rushabh Agarwal, Akansha Darekar, Shivani Dongre, Kavisha Randeria, Charmi Gandhi, Nishtha Pandit. (II BPT)
Replay-O-Parade (Fashion Show)	1st (Gold)	Prateek Sontakke, Sejal Potnis (Intern), Ishika Kohli (I BPT)
	2nd (Silver)	Sanya Richard, Mustafa Shaikh (I BPT)
	3rd (Bronze)	Adnyey Surve (I BPT)
Gata Rahe Mera Dil.. (Antakshari)	1st (Gold)	Ashima Dhiman, Ashriya Juriani ,Riddhi Thaker, Iffat Khatib, Drashti Parmar. (II BPT)
	2nd (Silver)	Dr. Ruturaj Shette, Dr. Bhoomika Sawant , Dr. Jeniffer D'souza ,Dr Yashashshri Karanjkar, Dharmin Vora. (Faculty + Intern)
	3rd (Bronze)	Anushka Tambe, Juhika Surve,Mansi Barve, Mansi Wangikar, Ritu Shah (II BPT)
Mono Acting Competition	1st (Gold)	Sumedh Vaidhya (MPT Scholar)
	2nd (Silver)	Shrishti Kansara (I BPT)
Hunger Games	1st (Gold)	Prabhat Mudhaliar (IV BPT), Neha Patil
	2nd (Silver)	Ivan D'Souza (IV BPT), Krisha
Solo Singing Competition	1st (Gold)	Suraj (P&O)
	2nd (Silver)	Shreya Nambiar (III BPT) , Rushikesh (P&O)
	3rd (Bronze)	Rushab Agarwal (II BPT)
Sugar & Spice (Masterchef)	1st (Gold)	Riddhi Shinde, Sanika Kulkarni (III BPT)
	2nd (Silver)	Nandini Bhanushali , Aishwaraya Salunkhe (II BPT)

Cultural events - Athena 2020



Skit Competition Winner - II BPT



3rd Prize - Solo Singing



1st Prize - Antakshari competition



2nd Prize - Solo Singing



2nd Prize - Antakshari competition



1st Prize - Sugar and Spice



Academic





events.



Academic events - Athena 2020

Events	Winners	Batch/Name of Student/s
Innovation	1st (Gold)	II BPT
	2nd (Silver)	I BPT
Just A Minute (JAM) Games	1st (Gold)	Calvin Pereira, Shirley Gaikwad (IV BPT)
	2nd (Silver)	Durratussharaf Ghadiali, Sana Ahmed (I BPT)
	3rd (Bronze)	Asifa Khan, Shefali Kotwal (IV BPT)
Tug Of Words (Debate)	1st (Gold)	Shikha Patel, Ankita Waghela, Neha Padia (MPT Scholars)
	2nd (Silver)	Punit Tayade, Disha Survase, Avani Dixit (III BPT)
	Best Speakers	Punit Tayade, Disha Survase (III BPT)



1st Prize - Innovation Competition



2nd Prize - Innovation Competition

Academic events - Athena 2020



1st Prize - Tug Of Words (Debate)



2nd Prize - Tug Of Words (Debate)



Best Speakers - Tug Of Words (Debate)



1st Prize - Just A Minute (JAM) Games



2nd Prize - Just A Minute (JAM) Games



3rd Prize - Just A Minute (JAM) Games

Editorial events - Athena 2020

Events	Winners	Batch/Name of Student/s
Photography competition (In A Flash)	1st (Gold)	Siddhi Tripathi (IV BPT)
	2nd (Silver)	Hanna Rakhagi (IV BPT), Soham Sawant (II BPT)
	Best Picture	Shruti Gupte (I BPT)
Cover Art Competition	1st (Gold)	Sanika Kulkarni (III BPT)
Terribly Tiny Tales	1st (Gold)	Ankur Kesarkar (I BPT)
	2nd (Silver)	Vidhi Vadhvani (I BPT)
	3rd (Bronze)	Shreya Thacker (IV BPT)

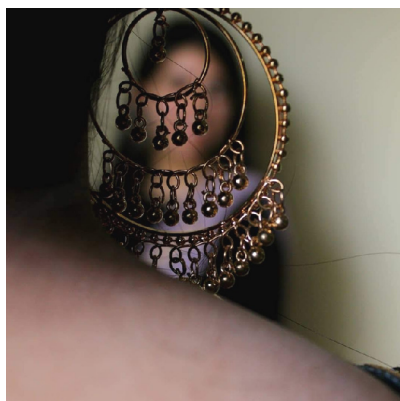


Best Picture Winner - By Shruti Gupte (I BPT)

Editorial events - Athena 2020



**Pictures By
Siddhi Tripathi
(IV BPT)
(1st Prize -
Photography
Competition)**



**Pictures By
Hanna Rakhanghi
(IV BPT)
(2nd Prize -
Photography
Competition)**



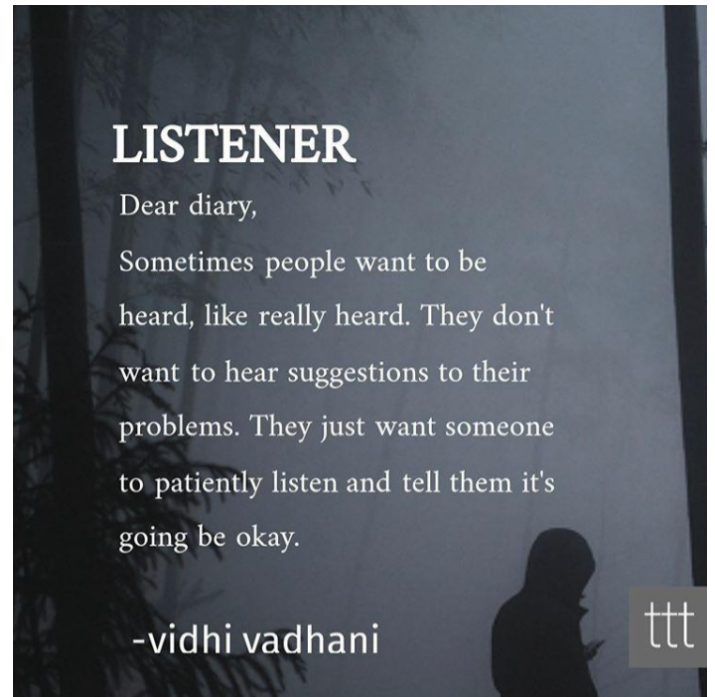
**Pictures By
Soham Sawant
(II BPT)
(2nd Prize -
Photography
Competition)**

Editorial events - Athena 2020

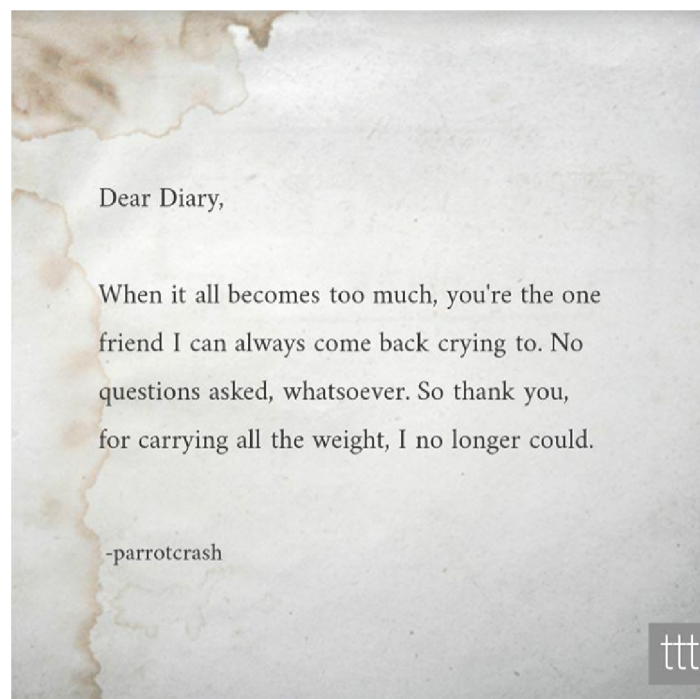
50



Ankur Kesarkar (I BPT)
(1st Prize - TTT Competition)



Vidhi Vadhvani (I BPT)
(2nd Prize - TTT Competition)



Shreya Thacker (IV BPT)
(3rd Prize - TTT Competition)

Online Competitions

Events	Winners	Batch/Name of Student/s
ESSAY WRITING	1st (Gold)	Anoli Gupta (III BPT)
	2nd (Silver)	Arya Savadi (III BPT)
	3rd (Bronze)	Shivam Sankhe (II BPT), Gizelle Pereira (I BPT)
ART	1st (Gold)	Ria Daga (IV BPT)
	2nd (Silver)	Josheeta Shetty (Intern)
	3rd (Bronze)	Namrata Shinde (I BPT) , Akanksha Pednekar (Alumni)
	Special mention	Shrishti Kansara (I BPT)

Essay : The World After Pandemic

‘It was the year 2020, when people died because nature decided to take matters into her hand. There was a virus, earthquakes, hail storms and world wars and so much more. It was this year that people found the meaning of life again.’

The world after pandemic is going to be a scary place. For some, it’s going to be a fresh world and a bright new morning. For others, it could be a struggle to survive. The pandemic has changed our lives so unbelievably fast and it’s as absolutely heart-breaking as it is beautiful.



Online Competitions

We are going back in time and turns out our grandparents had a way better view of life than we did. Almost all our luxuries are being taken away. Street food, the cinemas, the stores..this pandemic, despite being so terrifying, has taught us to adapt. People are learning something new everyday. From following the new trends such as the infamous Dalgona coffee to making tik toks, people have began to enjoy living. People are finally having time to catch up on various hobbies and are fulfilling their passions when they couldn't before.

Families are either getting stronger or are being tested during the lockdown. The parents finally have time to spend with their children where normally they would both be busy. While some families are getting the short end of the stick with more fights and more misunderstandings others are experiencing the deaths of their own.

The big impact that this pandemic caused was the millions of deaths that no one even imagined. The virus was the very realistic version of Thanos and is wiping out half of the population. Chills ran down the spines of thousands when we heard about Italy no longer being the same and the numbers worldwide increasing everyday as if it was a price tag to an extremely pricey handbag. Everyone prayed with fear in their eyes, for the spread to stop, for death to not bang the doors to their motherland. It wasn't easy. It's never going to be easy to see the people you once knew die just because they didn't cover their mouth or just touched a wrong surface.

The world is going to change. It's time to be more thankful for breathing. People are never going to stop living now, they won't succumb to the same monotonous routine where their only aim in life is money. There are going to be more laughs, more singing, more dancing and more introverts coming out of their shell to see the world anew. The new found Earth that seemed to exist ages ago is going to be felt fresh and appreciated. People are going to think twice before taking any step that may harm this new beginning. It may seem like the end but apparently it has been said that the end is the new beginning and the world may have just got a fresh pair of eyes to see it.

- Anoli Gupta
(III BPT)

Online Competitions



Ria Daga (IV BPT)
(1st Prize - Online Art Competition)



Josheeta Shetty (Intern)
(2nd Prize - Online Art Competition)



Namrata Shinde (I BPT)
(3rd Prize - Online Art Competition)

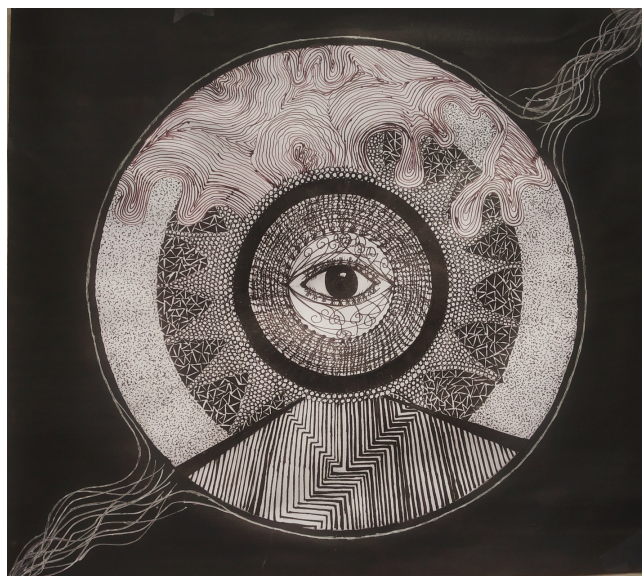


Akanksha Pednekar (Alumni)
(3rd Prize - Online Art Competition)

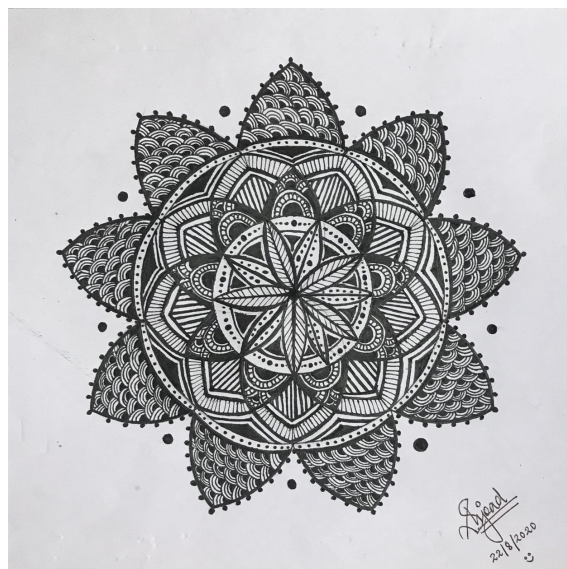


Paper Cutting Art
Shrishti Kansara (I BPT)
(Special mention)

Art Corner



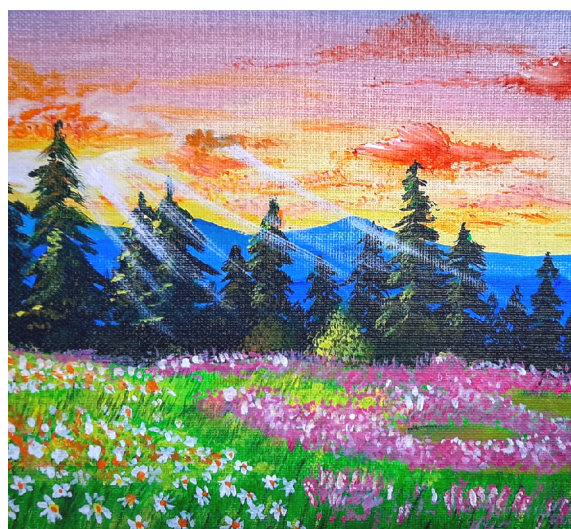
Sejal Gharat (I BPT)



Shifa Joad (III BPT)



Shivani Dongre (II BPT)



Sharvari Sardeshmukh (IV BPT)



Ritu Shah (II BPT)



Arya Savadi (III BPT)



Literary Corner

Time For Nature

Just like minerals & ores we need to refine,
Because we are undermining nature everytime.

Just like the waves of ocean, we need to strike,
Because the price of nature has already begun to hike.

Just like the sediments, we need ungrateful actions to erode ,
Because the burden of our guilt has to unload.

Just like the water cycle, we need to transform,
Because our vantage point needs a reform.

Just like the forest fires, we need the fire within ,
Because a cyclone of transformation needs to spin.

Just like the pollination,we need to move,
Because the intent of unity is what we are supposed to prove.

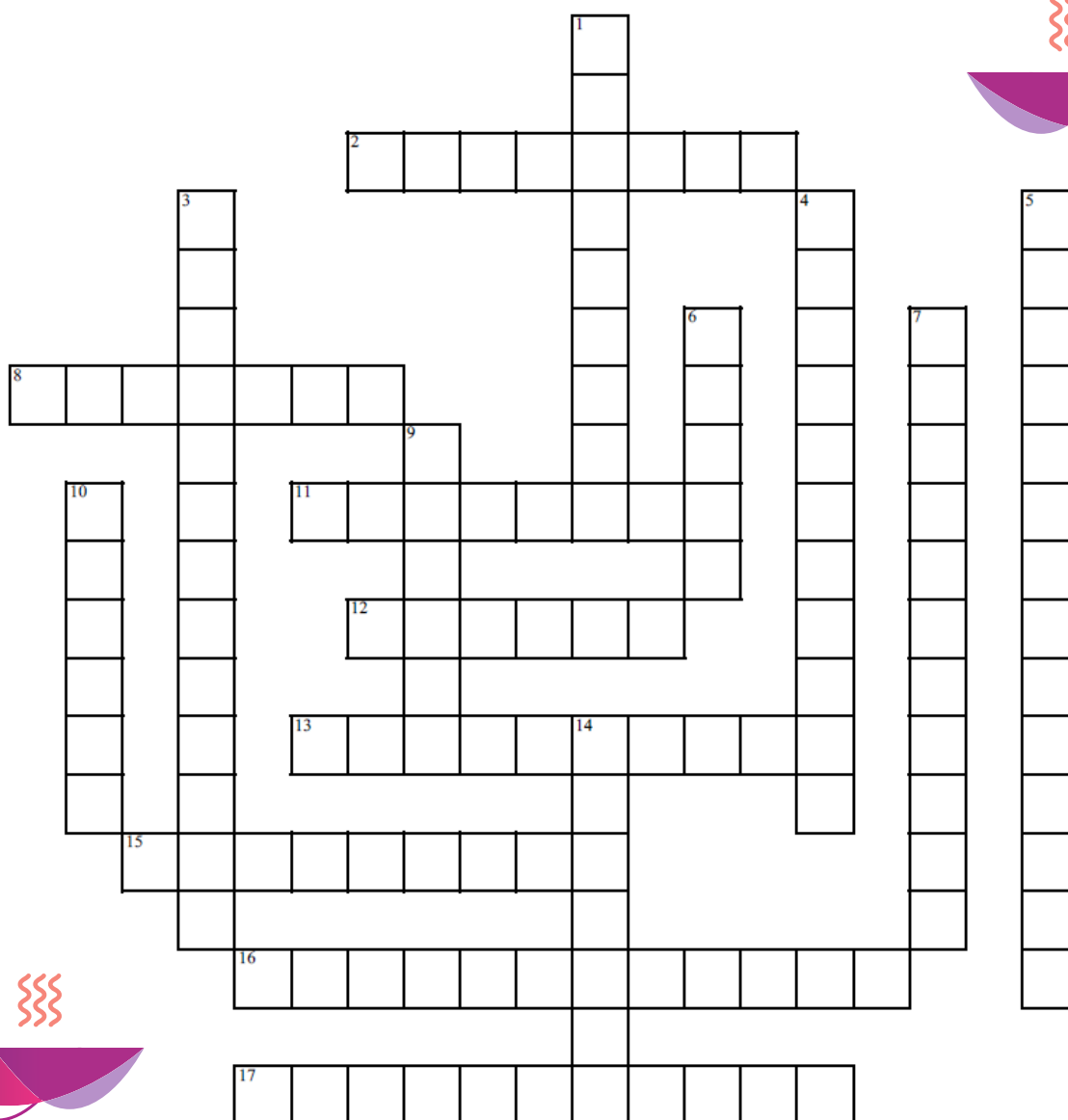
Just like the nature's weather, one step at a time
Because little efforts in unison are the real enzymes.

Just like a baby takes a birth, and we realise the pains' worth,
Just try to observe the consistency of a plant grow on earth.

So the few minutes of our time, humble as they may be
Could save our nature for an eternity.

- By Arya Savadi (III BPT)

GAMES



Across		Down	
2	An abnormal accumulation of fluid in or around a joint	1	Flat feet
8	Long term injury/condition, that has persisted for longer than 12 weeks	3	A transparent fluid which is secreted by the Synovial membrane.
11	An exaggerated rounding of the back often due to compression caused by osteoporosis weakening the spinal bones.	4	Permanent tightening of skin, muscle ,tendons, ligaments that decreases movement and range of motion.
12	A fibrous sheath or band of connective tissue that attaches, stabilizes, encloses, and separates muscle tissues and organs.	5	Perception or awareness of the position and movement of the body.
13	This tool measures range of motion of each joint	6	Fluid filled sack that decreases the friction between two surfaces of a joint.
15	The shaft of a 'long bone'.	7	Supraspinatus, Subscapularis, Infraspinatus and Teres Minor
16	The medical term for "under the skin"	9	A stretched or torn ligament, mostly to the ankle and wrist.
17	The use of ice and ice water in the treatment of injury.	10	The circular shaped cartilaginous rim that lines ball and socket joint and increases joint congruency and stability
		14	Mobilization of soft tissue using stroking, kneading, and percussion techniques.

W M N R D Y K G E R I A T R I C S V A K U Y T Z
O V I V P R O P R I O C E P T I O N D L H P F B
R S T R O K E V X P H T A F G B L Y T W Z P A D
K N N H R T E I D Y E Q E N V K Z R R M Y G E X
H X C I L N R S L B K D I Y V E A L X K S X M U
A V E Q C W B G D Q I R I P D S X I T P L X P S
R S B D K E Z E M B A L M A O A N E O C O D I C
D T P D J W F G R E R X A U T O U R R R H L U I
E R Y U R O B X B N T E N T I R T K T C X L M N
N E C P R U J T L L C D J T E S I H F N I I U A
I N L M Q B H E V X T H A L M R O C Q H F S W H
N G I K U G C Q B N K T O E H P A Z S V V J E C
G T N Q I K O I E R I V D B E J C L U N Q Q W E
Y H E E B B N I P L L I H D I A N B K R E H H M
P E W Z L N T W I E C T I F I G U H A Q P J Z O
N N O I Q A R B L I K C A H A A O Z K L T L Q I
Z I Y K P Q A Z N H S M X Y T M N T S B A E Q B
W N B T F H C E I Z H H V I E P E O F R I N N B
R G U F E I T S A E S I Y C Q U C Q I U V Z C A
B O T R M Y U M T D Q E A R H T B B Y T L N K E
X C O Q R S R M I T F R C L M E J D I G C B A J
D W T A K T E F A G E L D A C E A E L W H A F X
F E X M W G U K G L I B S L A T I P S O H W R J
K N L K D J I Y X N O I T O M F O E G N A R I T

1) Weight Bearing
2) Bilateral
3) Traction
4) Deformity
5) Proprioception
6) Contracture

7) ADL
8) Amputee
9) Balance
10) Biomechanics
11) Exercise
12) Gait

13) Geriatric
14) Home Care
15) Hospitals
16) Orthopedics
17) Out Patient
18) Pediatrics

19) Range of motion
20) Rehabilitation
21) Sports medicine
22) Strengthening
23) Stroke
24) Ultrasound
25) Work Hardening

Games Curated by - Anushka Bajaj, Durratussharaf Ghadiali (I BPT)



Scan the QR code
for the answer key
to games

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2019- 2020

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शिक्ष

॥ अन्विष्यन् लभते ॥

F.